

OUR MISSION

The mission of *Farmingdale Physical Therapy* is to improve the health of our patients through *state-of-the-art* physical therapy and rehabilitation services.

We also strive to *improve our patients' quality of life and increase their capacity to achieve career goals* through the relief of pain, and the restoration of physical function.

Our staff believes that an atmosphere of *clinical excellence, patient advocacy, and ethical forthright business practices* provides the optimal framework for this mission to manifest in the lives of our patients.

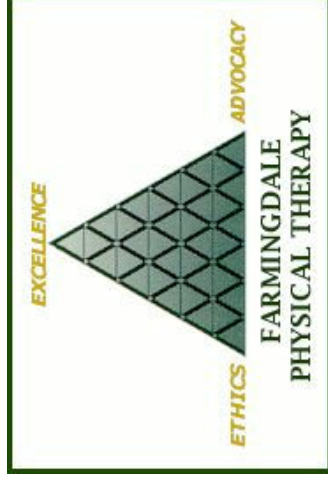


LISTEN LIVE: “PHYSICAL THERAPY... PHYSICAL HEALTH”

Every Tuesday evening from 8-8:30pm, join us at WVLE 540 AM radio, where we host the *Physical Therapy...Physical Health* show.

Each week, we feature knowledgeable guests from the medical community, such as: Orthopedists, Neurologists, Primary Care Physicians, Nutritionists, and more!

It's fun, informative, insightful, and designed to help *you* connect with health information!



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Helping people lead
more active and
independent lives since
1983!

FARMINGDALE PHYSICAL THERAPY



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**EXCELLENCE. ETHICS. ADVOCACY.
THE BENCHMARKS AND GOALS OF
WHO WE ARE.**



For over 20 years, the qualified and caring staff at **Farmingdale Physical Therapy** have exhibited three core concepts: *excellence, ethics, and advocacy*. These are the benchmarks and goals of who we are.

So just how do we reflect these commitments? There are a number of ways.

You can see it in our total commitment to serving our patients. Or you can see it in the trusted expertise of our highly trained staff; a trust that doesn't happen overnight, but takes years to cultivate and nurture.

Or, if you wish, you can simply feel it in the way that we've gone about our business for over 20 years: serving each patient with trust, focus, compassion, care, and expertise that simply sets us apart.

Enjoy spending a few minutes reading this brochure, and you'll discover why we've taken the art and science of improving the quality of our patients' lives to the next level.

Because, after all, our commitment to excellence, ethics, and advocacy has been about, is about, and will always be about one person.

You.

HOW WE HELP

Our physical therapy and rehabilitation services are designed to heal those suffering from:

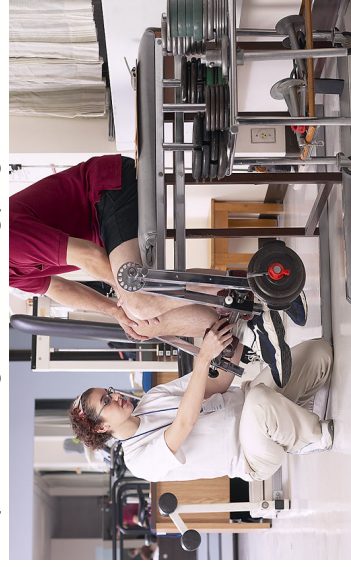
- orthopedic conditions
- neurological conditions
- sports injuries
- workplace injuries

We also serve those requiring post-operative care.

OUR HEALING PLAN

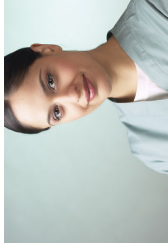
Our patients expect a *focused* approach to their care. That's why, after receiving physician referral information, we develop a customized healing plan that includes:

- skilled, hands-on care from beginning to end
- a specially-designed exercise program
- careful monitoring to measure progress
- expert direction and education by our P.T.'s
- ongoing liaison with each patient's physician to share evaluation and treatment information
- application of modalities such as heat, electrical stimulation, ultrasound, whirlpool, and more
- post discharge conditioning program



OUR STRENGTH IS IN OUR PEOPLE!

From the *moment* a patient arrives at our door, our commitment to physical therapy and rehabilitation excellence begins.



We assign a qualified therapist to each patient; someone who will work with them *throughout* their rehabilitation period. In this way, our patients build trusting and positive relationships that are continuously served by the same team of therapists and support staff; professionals who **view them as a person; never as a number.**

Our professionals have 5-29 years of post-graduate experience, and have trained in world-class medical centers. Two of our



PT's hold Doctorates in Physical Therapy, as well as board certifications in Orthopedic, Neurological and Geriatrics from the American Board of Physical Therapy Specialties.

In addition, our professional staff regularly enrolls in continuing education courses in order to acquire the latest clinically proven techniques and knowledge. Also, our staff — including clerical and administrative colleagues — review the latest medical and patient care



literature. It's a great way to ensure that we're always on the leading edge of health information!